



ASTRA is an international community service organization for students between the ages of 12 and 25 and is supported by local Altrusa Clubs. ASTRA is an acronym for:

**A**bility – to know that all of us have special talents to share with others.

**S**ervice – to improve the lives of those less fortunate in the community.

**T**raining – to develop leadership ability and potential.

**R**esponsibility – to learn to accept obligations and know the satisfaction of carrying projects through to a successful conclusion.

**A**chievement – to experience success; to know that a group can accomplish so much more than any one individual.

### **ASTRA is:**

- A volunteer organization for young people, sponsored by local Altrusa Clubs.
- An opportunity to use their time and talent to enrich the lives of others.
- Working with other local civic and volunteer groups on service projects of lasting benefit.
- Interaction with the business, professional and civic leaders who are members of the sponsoring Altrusa Club.
- A unique opportunity to form lasting friendships and share their ideas, goals and aspirations with others in their peer group.

**Refer to the Altrusa Resource Guide for additional information on ASTRA.**